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# SABLA: Human development through women empowerment

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## **A**BSTRACT

In this paper an effort has been made to find out the effectiveness of Sabla scheme of the Government of India implemented for the empowerment of girls in the age group of 11 to 18 years. The SABLA Scheme was launched on 19.11.2010 in the 200 districts selected all over India. Integrated Child Development Scheme Cell (ICDS) of the Government are implementing this scheme in various states. This scheme covers both school girls and out of school going girls. Out of school going girls are assembled at the Anganwadi Centers as per the schedules fixed by the states and UTs concerned. The scheme is based on modern concept of human resource development and will surely be helpful in promoting the women empowerment in India.